

January 14, 2009

This is a testimonial to all new parents to the Children's Clinic. We came to see Dr. Robson just over a year ago for our son. He had been withholding having bowel movements for quite some time. When he did finally allow himself to pass anything it usually came at the end of a screaming, terrified session that could last up to an hour. We were desperate. We knew that this was not normal behavior. We even considered psychiatric help. We got referred to the clinic through a family friend/doctor. When we first filled out the questionnaires online, I remember thinking; all the questions are referring to wetting problems. I was skeptical as to how this doctor could help. Our own pediatrician only suggested mineral oil, which didn't help.

The first visit was tough, as we had to recall our son's bowel movements from day 1. Not an easy task to do from memory, at least accurately so that Dr. Robson could get a clear picture of his patient.

Subsequent visits were only 1 hour long. Dr. Robson always greeted us with a kind, gentle manner. He was very easy to talk to and our son also shared some things with him. Only on 1 occasion did Dr. Robson appear annoyed with us as parents, never with our son. We had been on vacation so the daily diary had not been as well documented or the program had not been followed as closely as he would have liked. We were back on track the following visit however, as we did not wish to go back to the terrors of the past. With just a little praise, our son learned to listen to his body more, as he wanted to please Dr. Robson and us. His confidence has returned. That is one of the HUGE benefits we have seen since being in the care of the clinic.

Now that our son is able to have a movement in the morning and possibly later in the day, we are working to come off the Miralax. We are slowly increasing fiber again and water (even at breakfast, if he chooses). We can't thank Dr. Robson enough for restoring our son's easy confident personality. It is evident at the first meeting that Dr. Robson cares about the patients he chooses to assist.

In conclusion, The Miralax, which Dr. Robson brings in for, his patients can be easily purchased at Sam's Club in the USA. For 2-510g bottles the cost is about \$26.00 (US). You can get a day pass to the warehouse at any hotel. You have to pay 10% extra at the check out but the peace of mind is worth it. Also, we found that one of those little beverage frothers work fantastic to mix the powder very quickly and effectively. Our son really enjoyed using this gadget. It only cost \$10.00 at Canadian Tire, so it was worth getting him a little more involved with his health.

We wish all the families' success. Remember to hang in there. With Dr. Robson's help and encouragement things will get better for your child. Keep a detailed account of a daily diary so that he/she may not slip back into old patterns. Good luck. Thank you again Dr. Robson for all you care, support and advise.

Cranston (SE Calgary)